

What's Cookin' at The Veggie Grill?

CHILLIN' CHICKIN' & VEGGIE-STEAK

Our specially seasoned and marinated veggie protein blends – taste and believe.

TOO GOOD TEMPEH (“tem-pay”)

A tender yet crunchy blend of organic soybeans and rice culture that we sauté and grill.



Original Sandwiches & Burgers

STARTERS & SIDES

Sweetheart Fries 4.25

Scrumptious sweet potato fries, seasoned and served with chipotle ranch. *Top with Bean Me Up Chili for \$2.50.*

Chill Out Wings 6.25

Bite sized chillin' chickin' with our tangy BBQ sauce.

Uptown Nachos 4.95

Tortilla chips, chili, VG-cheese, corn salsa, avocado, soy cream, jalapenos.

Spring Mix Salad 3.95

Seasonal boutique lettuces, roasted corn salsa, carrots. *Dressings: ginger-papaya, chipotle ranch, ginger-miso or spicy Thai*

Steamin' Kale 3.25

Tender kale with a ginger-miso dressing and roasted sesame seeds.

Mac-n-Cheese 3.50

Quinoa pasta, VG-cheese, toasted garlic bread crumbs.

ENTRÉE SALADS

All our salads are infused with Quinoa (“keen-wa”), a nutritionally charged high-protein “supergrain”.

Baja Fiesta 8.95

Chopped romaine, papaya, avocado, roasted corn salsa, quinoa, cucumber, cilantro, tortilla strips with a ginger-papaya vinaigrette.

Thai Chickin' 9.50

Chillin' Chickin', romaine, red & green cabbage, roasted corn salsa, green onion, mandarin oranges, toasted sesame seeds, cilantro, wontons with spicy Thai dressing.

All Hail Kale. 7.95

Marinated kale and red cabbage, roasted corn salsa, agave-roasted walnuts with a ginger-papaya vinaigrette. *Add blackened chickin' or tempeh for \$2.50.*

Chop-Chop Chef 9.50

Chopped romaine, tempeh, veggie-steak, chillin' chickin, green onion, roasted corn salsa with chipotle ranch dressing.

SOUPS, CHILI, ETC.

Daily Soup 2.95 / 4.50

Homemade daily, served with herb toasted crisps.

Soup & Salad Combo 8.50

Large soup or chili with a side serving of an Entrée Salad. *Salad: Baja Fiesta, Chop-Chop Chef or All Hail Kale*

Bean Me Up Chili. 2.95 / 4.50

Red & white beans, touch of soy cream, chopped green & red onion.

Chickin' Caesar Wrap 8.95

Blackened chillin' chickin', caesar dressing, romaine, avocado, corn salsa, chipotle ranch. *Sub blackened tempeh upon request.*

DRINKS

Iced Teas | Fresh Lemonades | Natural Sodas | Beer & Wine

* All our menu items are free of cholesterol, trans fat and high-fructose corn syrup *

SANDWICHES & BURGERS

Served on a wheat bun with a side of red cabbage 'slaw or chili.
*Sub side with: Sweetheart Fries (2.25) | Daily Soup (1.95)
Steamin' Kale (1.50) | Spring Mix Salad (1.95) | Mac-n-Cheese (2.25)*

Santa Fe Crispy Chickin' . . . 8.95

Crispy fried chillin' chickin', lettuce, tomato, red onion, avocado, southwestern spiced vegan mayo.

Carne Asada 8.95

Grilled veggie-steak, marinated in Mexican spices, with southwestern spiced vegan mayo, red onion, lettuce, tomato on a wheat roll.

All-American Stack 8.95

Grilled veggie-steak, thousand island dressing, pickles, lettuce, tomato, topped with crispy onion rings.

Bayou Chickin' 8.95

Chillin' chickin', lightly blackened with cajun spices, lettuce, tomato, red onion, avocado, spicy vegan mayo.

Bali Bliss 6.75

Indonesian styled tempeh, sautéed and grilled, lettuce, tomato, red onion, chipotle ranch. *Blackened upon request. Add avocado or portobello mushroom for \$1.50.*

Grillin' Chickin' 8.95

Grilled chillin' chickin', avocado, lettuce, tomato, red onion, cilantro pesto, chipotle ranch on a wheat roll.

The V-Burger 8.95

Marinated and grilled veggie-steak burger, pickles, lettuce, tomato, red onion, chipotle ranch. *Add avocado or portobello mushroom for \$1.50.*

VG-Cheeseburger 9.95

The V-Burger topped with VG-Cheese. *El Dorado style upon request with jalapenos, caramelized onions, ketchup.*

Chipotle BBQ. 8.50

Shredded veggie-steak, marinated in our tangy BBQ sauce, with chipotle ranch, caramelized onion, lettuce, tomato.

Papa's Portobello 8.50

Grilled portobello mushroom, chopped tomato, basil & garlic pomodoro, caramelized onion, pesto, lettuce, tomato, red onion, chipotle ranch.

Wrap-style: any of the above in a wrap | **Kale-style:** on a bed of Kale (no bun)

KIDS MEAL

Kids' Entrée, Side, Lemonade & Pudding. 6.25

*Kids' Entrée: Chickin' Nuggets, Mac-n-Cheese or Pasta with marinara
Side: Sweet Potato Fries or Carrot Sticks*

DESSERTS

All our desserts are free of dairy, cholesterol and refined sugar.

Carrot Cake | Chocolate Pudding | Chocolate Chip Cookie

* Not every ingredient is listed. Please ask for a list of our gluten-free choices *

Welcome to The Veggie Grill – The Perfect Indulgence!

Dine-in | Take-out

West Hollywood

8000 W Sunset Blvd
Los Angeles, CA 90046
Phone 323.822.7575

Plaza El Segundo

720 Allied Way
El Segundo, CA 90245
Phone 310.535.0025

Irvine – University Center

4213 Campus Drive
Irvine, CA 92612
Phone 949.509.0003

Irvine Spectrum Center

81 Fortune Drive
Irvine, CA 92618
Phone 949.727.9900

Santa Monica

2025 Wilshire Blvd
Santa Monica, CA 90403
Phone 310.829.1155

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Welcome to The Veggie Grill – The Perfect Indulgence!

DELICIOUS AND SATISFYING

Thanks to our signature blend of hearty veggie proteins and savory marinades, all our food is indulgently satisfying.

NATURAL AND WHOLESOME

Nutrient-rich, 100% plant-based, and free of cholesterol, animal fat and trans fat, our food fills you with goodness.

CASUAL AND CONVENIENT

Whether you want to relax at our place, or grab-and-go, The Veggie Grill keeps pace with your life.



Original Sandwiches & Burgers



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www.VeggieGrill.com

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